



# RSV

RSV is a major cause of respiratory illness in all age groups



## RESPIRATORY SYNCYTIAL VIRUS

### *What you need to know about RSV*

Since the pandemic, the infection control and hygiene measures that helped us fight COVID-19 have also reduced the circulation of other respiratory infections, such as RSV. As restrictions ease, cases of respiratory viruses are rising again.

RSV is one of the most common viruses causing coughs and colds during winter months. With the previous infection control and hygiene measures many babies, young children, and older adults have not been exposed to this common cold to build up an immunity. Symptoms include: severe cough, wheezing, rapid breathing or difficulty breathing, and fever. Most cases are not severe and clear up in 2-3 weeks, but in some cases they can become severe. RSV is one of the most common causes of bronchitis. Be advised to look out for signs of severe respiratory distress.

Please remember to wash your hands often, avoid touching your face with unwashed hands, avoid contact with sick people, cover your coughs and sneezes, clean and disinfect surfaces often, and stay home when you're sick.